What is a Family Resource Center?
A community or school-based welcoming hub of support, services, and opportunities for families that:

• Utilizes an approach that is multi-generational, strengths-based, and family-centered

• Reflects and is responsive to community needs and interests

• Provides support at no or low cost for participants

What are the goals of a FRC?

• To support families to be strong, healthy, and successful

• To contribute to building a strong and healthy community

• To reduce the likelihood of child abuse and neglect by building the research-based Strengthening Families Protective Factors

What programs do FRCs most commonly offer?

• Parenting Support

• Access to Resources

• Child Development Activities

• Parent Leadership Development

What do FRCs do?

• Enhance parenting skills

• Foster the healthy development and well-being of children, youth, and families

• Prevent child abuse and neglect

• Increase school readiness

• Connect families to resources

• Develop parent and community leadership

• Engage males and fathers

• Support healthy marital and couples relationships

• Promote family economic success

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What outcomes do FRCs achieve?

- $4.93 Social Return on Investment for every dollar invested
- $210,000 saved per family on preventing Adverse Childhood Experiences
- Significantly lower rates of community-level child abuse investigations
- 65% reduced rate of substantiated child abuse cases
- 73% reduction in the number of children in foster care
- Improvements in children’s educational success
- Gains in family self-sufficiency

What locations have invested in FRCs being available for all families?

**Kentucky**
856 school-based Family Resource Centers

**New Jersey**
57 Family Success Centers across all of its 21 counties

**Vermont**
15 Parent Child Centers, one in each service area

**Allegheny County, PA**
28 Family Support Centers

**San Francisco, CA**
25 Family Resource Centers

Did you know?
- Although there is no dedicated federal funding for Family Resource Centers, there are more than 3,000 of them nationwide in 29 states and the District of Columbia.
- The heritage of Family Resource Centers in the U.S. goes back to the establishment of Settlement Houses in the late 1800s to support new immigrants to succeed.

**Good Samaritan Settlement House**
San Francisco, CA
1913

**Good Samaritan Family Resource Center**
today

What does it cost to run a FRC?
FRC budgets vary across the country in relation to local costs of living, specific programming, and physical space.

- A typical community-based New Jersey Success Center has an annual budget of $240,000 to $300,000 with 3-4 full-time staff.
- A school-based FRC in Kentucky has an annual budget of $33,000-$82,000 with 1-2 full-time staff and space and other resources provided in-kind.

Sources:
7. Kentucky Family Resource and Youth Services Centers.
8. Kentucky Family Resource and Youth Services Centers.
9. Family Resource Center Association (CO) and Maryland Family Network.

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